

Older Adult Resources: Union & Snyder Counties



**Union-Snyder
Agency on Aging, Inc.**

116 N. 2nd Street
Lewisburg, PA 17837
570-524-2100 or 570-374-5558

Many Americans value their independence. But as we get older or face health problems, staying independent can become harder. Our needs and daily routines may change. Some people stay healthy and can take care of themselves. Others may need a little or a lot of help to keep living on their own.

This guide shares information about many health, social, and support services in Union and Snyder Counties. People have different needs. Some are mostly healthy, while others have health issues or need full-time care. This booklet is here to help older adults, their families, and caregivers find the right kind of help—whether at home or in a place with more support.

It's not always easy to ask for help or to know what kind of help is needed. That's why we created this guide—to make it easier to find support, now or in the future.

Please note: The Union-Snyder Agency on Aging, Inc. does not take responsibility for missing information, and listing a service in this guide does not mean we recommend it.



**Union-Snyder
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ADULT DAY CARE

570-322-5433	Albright LIFE <i>Williamsport - serving Union County</i>
866-230-6465	LIFE Geisinger <i>Kulpmont or Lewistown - serving Snyder County</i>
570-644-4536	VNA Caring Center <i>2 E. Arch St., Shamokin</i>

CAREGIVER

800-677-1116	The Eldercare Locator
570-524-2100	Family Caregiver Program <i>An initial assessment must be completed by USAA, Inc. to see qualifications for program.</i>
800-272-3900	National Alzheimer's Association (Live 24-hour support)

CLOTHING

570-658-2001	Beaver Lutheran Church <i>18207 Route 522, Beaver Springs</i>
570-922-1860	Christ Lutheran Church (4 Bells) <i>13765 Old Turnpike Rd, Millmont</i> <i>Hope's Haven program every Wed. 10-11am</i>
570-374-0181	Union-Snyder Community Action Agency

EMPLOYMENT

570-374-9196	Foster Grandparent Program
570-988-7300	PA CareerLink

FINANCIAL AID

866-699-2227	Advantage Credit Counseling Service <i>217 N. Center St., Sunbury</i> <i>Free budget review, debt management. Program \$25 startup fee w/\$20 mo. maintenance fee</i>
570-522-4445	Wellspan Financial Assistance
800-640-4206	Geisinger Financial Assistance
570-286-3333	UPMC Susquehanna - Sunbury
800-433-0816	UPMC Susquehanna

FOOD

- 570-374-8289 All Saints Episcopal Church – Selinsgrove
Community Meal Martha’s Table; 129 N. Market St.; 1st, 3rd & 5th Wed of each month, 5-6 pm
- 570-524-0400 American Red Cross
- 570-658-2001 Beaver Lutheran Church – Beaver Springs
Food bank (Western Snyder Co. only); Clothing open to anyone; 4th Saturday of each month, 8-10 am
- 570-374-0181 or 877-497-1257 Community Action Agency
- 570-966-0266 First Evangelical Lutheran Church – Mifflinburg
404 Market St., 11 am-12:30 pm
- 570-524-4419 First Presbyterian Church- Lewisburg
*Dinner by the River
18 Market St, First & Third Thursdays 6pm*
- 570-286-7211 First Presbyterian Church – Sunbury
*Elijah’s Bowl
238 Market St., every Saturday 9am-12pm*
- 570-658-6278 Five Barley Loaves - McClure
At white bldg. on corner of Specht & Zeller; Last Friday of month, 10 am-Noon
- 570-658-2276 Fresh Express Food Bank –Beaver Springs
*Middlecreek Area Community YMCA, 67 Elm St.
1st and 3rd Tuesday of the month, 1:30 pm until food runs out.*
- 570-837-5809 Grace Covenant Church – Middleburg
*Graceworks food pantry 99 Shuman St.;
Mondays 10-11 am & Wednesdays 5-6 pm*
- 570-374-1458 Loaves & Fishes - Selinsgrove
*St. Paul’s Church, 400 N. Market St
(income-eligible residents east of Rte.104) last Friday of month 12:30-2:00 pm*
- 570-568-6835 Love in Action Food Pantry
- 570-541-5155 Military Share
- 570-374-8126 SNAP (food stamps) – Snyder County
- 570-524-2201 SNAP (food stamps) – Union County
- 570-742-4231 Salvation Army

- 570-374-6420 Selinsgrove Area Meals on Wheels
Nutritious hot meal is delivered 5 days/week to those recovering from injury/illness or finding it difficult to prepare their own food.
- 570-742-2005 St. Andrew's Church – Milton
- 570-374-4113 St. Pius X Catholic Church (Shepherd's Pie) – Selinsgrove
Meals for pick-up last Thursday of each month, 112 Fairview Drive, Selinsgrove

SENIOR CENTERS

- 570-658-7333 Beaver Springs Senior Center
Monday-Thursday, 9:00am-2:00pm
- 570-523-6510 Lewisburg Senior Center
Monday-Thursday, 9:00am-2:00pm
- 570-837-6200 Penns Creek Adult Resource Center
Monday, Wednesday-Friday, 9:00am-2:00pm
- 570-374-4170 Selinsgrove Senior Center
Tuesday-Thursday, 9:00am-2:00pm

HEALTH

570-524-2100 or
570-837-5070 Health and Wellness
Free health education programs: "Healthy Steps Older Adults" and "Live Your Best Life with Diabetes" programs,[Chronic Disease Self-Management Program and Diabetes Self- Management program], each offered several times per year at various locations; annual medication reviews by a pharmacist & monthly blood pressure screenings at each senior center

570-275-4962 or
800-676-4412 CMSU for Mental Health or Behavioral Health

HEATING

570-752-3930 (ex 2) Central Susquehanna Community Foundation (CSCF)
Heating assistance grant program

570-374-8126 LIHEAP - Low Income Home Energy Assistance for Snyder County

570-524-2201 LIHEAP - Low Income Home Energy Assistance for Union County

888-232-6302 PPL Electric Utilities
WRAP Energy Efficiency Program

800-322-7572 PULP - PA Utility Law Project
Provides info, assistance and advice about residential utility and energy matters affecting low-income consumers

570-524-4491 or
800-332-6701 SEDA-COG (Council of Government)

570-524-0400 SUN Red Cross
249 Farley Rd, Lewisburg

800-276-2722 UGI (gas) - Union and Snyder Counties
CAP program is for monthly budget. Operation Share is a one-time lump sum assist w/in 24-month period which doesn't stop shut off notice but can get reconnected if LIHEAP is in effect.

HELP

- 570-742-2141 American Rescue Workers
*122 Maple Avenue, Milton, PA
Thrift and consignment store*
- 570-374-0181 Community Action Agency
Offers basic needs services to low income & others; inc. PPL program Operation Help
- 570-372-1040 Community Aid
Thrift and consignment store
- 570-867-8079 Goodwill Store and Donation Center
Range of pre-owned clothing, furniture, housewares and more
- 570-742-3000 Hand Up Foundation
*272 Willow St., Milton
Programs include crisis assistance with food, clothing, temporary housing and financial aid with utilities; also helps with home repairs*
- 570-742-3561 LOVE, INC.
Volunteers from a network of churches for transportation, errands, companionship, home repairs, yard work; Mon-Thurs 8:30 am -11:30 pm; Dir. John Deppen
- 888-282-6816 PA American Water
H2O Help to Others Program assists qualified, low-income customers with grants, discounts and water-saving devices and education
- 800-753-8827 PA Link
Aging and Disability Resource Center
- 800-692-7380 PA Public Utility Commission
- 570-742-4231 Salvation Army – Union County
30 Center St., Milton
- 570-286-4131 Salvation Army – Snyder County
40 S. 4th St., Sunbury
- 717-237-2299 USDA Rural Development Union-Snyder

HOUSING

- 570-765-7301 By Grace Transitional Housing (by Grace Covenant Community Church)
Transitional housing and supportive case management for up to 23 months for women and children
- 570-275-5422 CMSU (Columbia, Montour, Snyder, Union)
Housing payment assistance programs for individuals with a formal behavioral health diagnosis; Contingency Funding Program and Bridge Subsidy Program
- 570-988-0993 Greater Susquehanna Valley United Way
Alliance funds for residents of Union County: allotted for utilities, rent/mortgage, heating, home repairs and car repairs
- 724-261-3887 Home Repair Loan and Grant Program –
USDA Rural Development
- 570-522-1303 Housing Choice Voucher Program (Section 8)
1610 Industrial Blvd. Suite 400, Lewisburg Federally funded housing program administered by Housing Auth. Of Union Co. Rental assistance to income eligible families in Union County.
- 855-827-3466 Pennsylvania Housing Finance Agency (PHFA)
Foreclosure prevention assistance for qualified applicants
- 570-837-3979 Snyder County Housing Authority
- 570-522-1300 Union County Housing Authority
- 570-374-0181 Union-Snyder Community Action Agency
Homeless Assistance Program: assistance with eviction/homelessness and Rapid Rehousing: assistance with homelessness (HUD definition)

INSURANCE

800-318-2596	Health Insurance Marketplace
866-761-0626	PA Assoc. of Community Health Centers
570-524-2100 (USAA, Inc.)	PA Medi - State Health Insurance Program
717-221-1022	PA Mental Health Consumers Association

MEDICAL

AMBULANCE

570-524-2291	William Cameron Engine Co.
570-922-1120	Union County West End Ambulance
570-374-0444	DH & L Ambulance League
570-966-6880	Mifflinburg Community Ambulance

CLINIC

570-988-1270	A Community Clinic, Inc. <i>344 Market St, Sunbury</i>
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DENTAL

570-884-5177	Aspen Dental <i>1597 N. Susquehanna Trail, Ste 1, Selinsgrove</i>
844-489-9446	Donated Dental Services <i>Also serves those permanently disabled or medically compromised and who can't pay for dental care (Snyder & Union Co. residents); call for a referral. Need to complete application.</i>
570-286-7500	PA Dental/Susq. River Valley Dental Health Clinic <i>344 Market St., Sunbury Union & Snyder County; 93% have MA; \$100 fee (basic service) for others uninsur</i>

HEARING

- 877-557-2227 Caption Call
Telephone system for hearing impaired
- 570-327-3600 Dept. of Labor & Industry/Office of Vocational
Rehabilitation (ext. 355)
*Provides equipment for those eligible who are
deaf/HOH; local office Sunbury CareerLink*
- 800-242-0260 Hear Now
*Call in to determine eligibility; \$125 processing fee
for each aid*
- 888-580-8886 Foundation for Sight and Sound Help America
Hear Program
*Nationwide program helping individuals in low-
income situations receive the gift of hearing aids
Help America Hear packet needs to be completed*
- 570-543-4600 Miracle Ear Foundation
2668 N. Susquehanna Trail, Shamokin Dam
- 800-204-7428 PA's Telecommunication Device Distribution
Program
*Must meet all requirements to qualify: PA resident
w/disability preventing making or receiving calls
independently, 6+ years of age, must meet income
guidelines, must have existing landline telephone
service, and must be able to learn how to use the
requested device*
- 800-204-PIAT TPA Initiative on Assistive Tech (PIAT)
*Free service enabling PA residents regardless of age or
disability to try assistive technology (AT) devices*

MEDICAL EQUIPMENT

- 800-984-7492 **A New Start**
Any resident of PA who needs equipment but has no other means of obtaining it may receive items from A New Start equipment exchange and reutilization program. Includes items from walkers, wheelchairs, scooter, daily living aids, listening devices and communication devices
- 800-522-1284 **Home Care Products**
877 Bloom Road, Danville, PA 17821
- 888-744-1938 **PATF-PA Assistive Tech. Foundation**
Provides no or low interest rates for assistive technology
- 570-246-5300 **Susquehanna Valley Mobility Services**
1085 Dance Hall Rd., Milton
Sales/service of durable medical equipment
- 800-998-4827 **UCP-Changing Hands Program**
Used equipment program

MENTAL HEALTH

- 570-275-4962 or **CMSU Behavioral Health Services**
800-676-4412
- Text PA to 741741 **Crisis Text Line**
- Call or text 988 **National Suicide Helpline**
- 800-662-4357 **National Substance Abuse Helpline**
- 877-565-8860 **Trans Crisis Helpline**
- Call 988, press 1 **Veteran Crisis Helpline**

PRESCRIPTION

- 800-955-0989 The Clearinghouse
Connects PA residents age 18+ with assistance programs; pacecares.primetherapeutics.com/the-clearinghouse.html
- 570-524-2100 LIS - Low Income Subsidy/Extra Help
Helps with monthly premium and co-pays; eliminates Part D penalty
- 570-837-0321 Middleburg Prescription Drug Take-Back
Call for accepted items & container recommendations
- 570-966-1027 Mifflinburg Prescription Drug Take-Back
Call for accepted items & container recommendations
- 800-503-6897 Needy Meds
Resource for discount prescriptions that also partners with Consumer Reports
- 800-225-7223 PACE
No monthly premium; co-pays \$6 generics/\$9 brand; need previous year's income, driver's license or ID, Medicare card & other insurance cards, copy of POA
- 866-316-7263 PAN Foundation
Assists qualified insured individuals who have life-threatening, chronic and rare diseases pay for their out-of-pocket costs for prescribed medications
- 570-524-2100 Part D/Prescriptions Drugs
Annual Open Enrollment October 15-December 7 for Medicare beneficiaries
- 570-374-8655 Selinsgrove Police Prescription Drug Take-Back
Call for accepted items & container recommendations
- 570-743-2671 Shamokin Dam Prescription Drug Take-Back
Call for accepted items & container recommendations
- 570-837-3311 Snyder County Prescription Drug Take-Back
Call for accepted items & container recommendations
- 570-524-8716 Union County Prescription Drug Take-Back
Call for accepted items & container recommendations

SMOKING CESSATION

- 570-628-6990 Clinical Outcomes Group, Inc. (COGI)
Leslie Hosterman/Health Educator with referral system for tobacco cessation services for our counties
- 800-784-8669 PA Free Quit Smoking
Participate in short term over the phone coaching in order to receive free patches, gum, etc.

VISION

- 814-946-7330 or 866-695-7673 Bureau of Blindness and Visual Services (BBVS)
Commonwealth's Resource Independent Living Program. Helps visually impaired people 55+ who do not have a vocational goal to become more independent
- 570-286-1471 Central Susquehanna Sight Services
*348 Market St., Sunbury
Offers low-cost eyewear and low vision services*
- 717-787-5244 Dept. of Labor & Industry/Office of Vocational Rehabilitation
Provides services to assist eligible individuals who are blind or visually impaired to work and maintain independent lives
- 877-887-6327 Eye Care America
Eye exams at no cost for those eligible (65 +)
- 973-376-4903 New Eyes for the Needy
Program provides eyeglasses
- 570-601-3399 Northwestern PA Optical Clinic
903 Diamond St, Williamsport
- 800-204-7428 PA Telecommunication Device Distribution Program-TDDP

LOCAL LIBRARIES

- 570-658-3437 Beavertown Community Library
111 W Walnut St, Beavertown, PA 17813
- 570-966-0831 Herr Memorial Library (Union Co.)
500 Market St., Mifflinburg, PA 17844
- 570-658-7700 McClure Community Library
4 Library Ln, McClure, PA 17841
- 570-837-5931 Middleburg Community Library
13 N Main St, Middleburg, PA 17842
- 570-523-1172 Public Library for Union County
255 Reitz Blvd., Lewisburg, PA 17837
- 570-374-7163 Rudy Gelnett Memorial Library (Snyder Co.)
1 North High St., Selinsgrove, PA 17870
- 570-922-4773 West End Library (Union Co.)
45 Ball Park Road, Laurelton, PA 17835

SUPPORT GROUPS

Geisinger Hospital

Call for the most updated information:
570- 271-6211

Or visit,
events.geisinger.org

Alzheimer's Disease

4th Monday of the month, 6pm
Grayson View
29 Grayson View Court,
Selinsgrove
570-374-2923

4th Wednesday of the month
Buffalo Valley Lutheran Village
189 E Tressler Blvd, Lewisburg
570-524-2221

Alzheimer's Help Line:
1-800-272-3900

Brain Injury Support

2nd Tuesday of the month
Geisinger Health
South Rehabilitation Hospital,
Staff Lounge

Contact: Sharon Feudale,
570-271-6677

Life After Loss

Wellspan Hospital
235 Hospital Dr, Lewisburg
570-522-2550

Wellspan Hospital

Call for the most updated information:
570-522-2000

Or visit,
evanhospital.com/community-health-and-wellness/classes-programs-and-events

Amputee Support

4th Thursday of the month 3pm
Geisinger Health
South Rehabilitation Hospital,
Administrative Conference
Room

Contact: Christina Kinslow,
cmkinslow@geisinger.edu

Driving Support

AARP Smart Driver Course
Community Health and
Wellness Center, Lewisburg

570-768-3200
Fee \$15 for AARP members,
\$20 for non-members

Parkinson's Disease Support

3rd Tuesday of the month, 5pm
Geisinger Health
South Rehabilitation Hospital,
Inpatient Gym

Contact:
Kara Pawloski, kpawloski@geisinger.edu

Stroke Support

2nd Tuesday of the month
Geisinger Health South
Rehabilitation Hospital,
Patient Day Room

Contact:
Sharon Feudale, 570-271-6677

Stroke Support

Wellspan Hospital, 3rd Floor
Inpatient Rehab Unit
For: Stroke and Mini-Stroke
Survivors, Families & Caregivers

Contact:
Tresa Keiser, 570-522-4048

Wellness Programs

Wellspan Health & Wellness
Center
210 JPM Road, Suite 200,
Lewisburg

For program schedules,
Call 570-768-3200

Registration required

Notes

This book is funded by PA Link to Aging & Disability Resources



Our Mission Statement

PA Link partners represent federal, state and local agencies that support consumer long-term living preferences, and empower them to understand, determine and effectively navigate their support service options, regardless of age, disability or income.

800-753-8827

PA Link Helpline

www.palink8.com

- Counties Served -

Centre, Clinton, Lycoming, Union, Snyder, Northumberland, Columbia, Montour, Schuylkill