





Penns Creek Adult Resource Center

Senior Center - June 2022

Senior Center Hours: Monday, Wednesday, Friday 9:00 AM – 2:00 PM

837-6200 Call before 10:00 on to order your meal for the next day.

Monday	Tuesday	Wednesday	Thursday	Friday
On a clear day, one can see 5 states from the top of NYC's Empire State Building	"Spread love everywhere you go." — Mother Teresa	1 CARDS 9:30 "Say Something Nice Day" Exercise 11:00	2 Wii, Cards, Dominoes, Table Shuffleboard	3 CARDS 9:30 BINGO at 10:30
6 CARDS 9:30 D-Day? CarFit program with Michael Diehl 10:30	7 What do you call a sleeping male cow?	8 Center Closed	9 	10 CARDS 9:30 Stroke Screening with Shannon Wilson, Geisinger, 10:30 Black Cow Day
13 CENTER CLOSED	14 FLAG DAY 	15 CARDS 9:30 BINGO 10:30	16 Kitchen Klutzes of America Day Any good stories of "oops" in the kitchen baking, cooking, etc.	17 CARDS 9:30 Exercise 11:00 Who sang, "Everybody Loves Somebody Sometime"
20 CARDS 9:30 Your Games Produce Vouchers 9 - 12:30	21 1 st Day of Summer 	22 CARDS 9:30 Exercise 11:00	23 The base of the Great Pyramid in Egypt is as large as 10 football fields. According to the Greek historian Herodotus, it took 400,000 men 20 years to build the monument.	24 CARDS 9:30 Your Games EXERCISES 11:00
27 CARDS 9:30 BINGO at 10:30	28 	29 CARDS 9:30 Scarlet, Nutritionist, at 10:00	30 CENTERS CLOSED--- AGENCY EVENT	July 1, 4 & 5 CENTER CLOSED