

Older Adult Resources in Union & Snyder Counties



**Union-Snyder
Agency on Aging, Inc.**
116 N. 2nd Street
Lewisburg, PA 17837
(570) 524-2100 or (570) 374-5558

Generally, Americans want to be independent. Independence, however, can become much more of a challenge as we grow older or adjust to a disabling condition. We may experience changes in our lifestyles and in our needs. Most individuals remain healthy and are able to care for themselves while others need assistance in differing degrees to maintain their independence.

This resource guide describes a wide range of health, social and support services available in Union and Snyder Counties. Different needs exist for those who are relatively healthy, those who might have slight impairments, those who are disabled, and those who are completely dependent on others for assistance. This guide is designed to help individuals, families, and friends choose appropriate levels of support for older persons so that they can continue to live in the community, either in their own homes or in a more protective environment.

Some might find it difficult to admit that they or someone they love is in need of support or help. Sometimes, it is even harder to decide what they need and where to find it. This resource guide was created to provide information to find the support and resources needed, whether they be now or in the future.

Union-Snyder Agency on Aging, Inc. is not responsible for omission, nor do listings in this guide imply endorsement.



ADULT DAY CARE

- 570-644-4536 VNA Caring Center
2 E. Arch St., Shamokin
- 866-230-6465 Life Geisinger
1100 Spruce St., Kulpmont

CAREGIVER

- 1-800-677-1116 The Eldercare Locator
Stipend received is not taxable by IRS and benefits are not affected; must work 4-5 hrs a day; allows for 50% medical deductions; call Director Marilyn Botorf
- 570-524-2100 Family Caregiver Program (An initial assessment has to be completed by USAA to see qualifications for program)
- 1-800-272-3900 National Alzheimer's Association (Live 24 hour support)

CLOTHING

- 570-658-2001 Beaver Lutheran Church
18207 Rt. 522, Beaver Springs
- 570-922-1860 Christ Lutheran Church (4 Bells)
13765 Old Turnpike Rd., Millmont; Hope's Haven program every Wed. 10-11:00 am
- 570-523-9513 Lewisburg Clothing Bank
First Baptist Church 3rd & St. Louis St.; the 1st & 3rd Fridays of the month; Must be signed up for food to be eligible for clothing; call Kathy Swank

EMPLOYMENT

- 570-374-9196 Foster Grandparent Program
- 570-988-7300 PA Career Link

FINANCIAL AID

- 800-922-9537 Advantage Credit Counseling Service
217 N. Center St., Sunbury. Free budget review; debt management. Program \$25 startup fee w/\$20 mo. maintenance fee; by apt.

570-522-4445	Evangelical Financial Assistance
800-640-4206	Geisinger Financial Assistance
570-286-3333	UPMC Susquehanna Sunbury
800-433-0816	UPMC Susquehanna

FOOD

570-966-8826	Bible Store House <i>1st Friday of the month, 10 am-6 pm, no income guidelines, church has no phone. Directions: Rt.45 W., pass Rt.235, pass Forestry Station, see West End Bible Fellowship on right; contact Sally Corbin</i>
570-524-0745	Christ Lutheran Church – Lewisburg <i>Emergency food available for Lewisburg residents</i>
570-837-5809	Grace Covenant Church – Middleburg <i>Graceworks food pantry 99 Shuman St.; Monday's 10-11 am & Wednesday's 5-6 pm</i>
570-374-8289	All Saints Episcopal Church – Selingsgrove <i>Community Meal Martha's Table; 129 N. Market St.; 1st, 3rd & 5th Wed. of each month 5-6 pm</i>
570-374-4113	St. Pius X Catholic Church (Shepherd's Pie) – Selingsgrove <i>Meals for pick-up last Thursday of each month, 112 Fairview Drive, Selingsgrove</i>
570-374-6420	Selingsgrove Area Meals on Wheels <i>Nutritious hot noon meal is delivered 5 days per week to persons recovering from injury, illness, or finding it difficult to prepare their own food. Deliveries must be within the boundaries of the Selingsgrove Area School District. 129 North Market Street (rear), Selingsgrove, PA 17870</i>
570-374-5558	Lewisburg Center – Lewisburg <i>116 N. 2nd St., 1st Saturday of each month 11:45 am – 12:30 pm; if a holiday weekend, then it will be the 2nd Saturday</i>
570-966-0266	First Evangelical Lutheran Church – Mifflinburg <i>404 Market St., 11 am-12:30 pm (entry through alley door and go to basement)</i>

- 570-286-7211 First Presbyterian Church – Sunbury
18 Market St., every Thursday at 6 pm
- 570-742-2005 St. Andrew’s Church – Milton
Market St., free meal every Monday night
- 570-658-2001 Beaver Lutheran Church – Beaver Springs
Food bank Beaver Springs/Food – Western Snyder Co. only–Clothing open to anyone; 4th Saturday of each month, 8 am-10 am; 3rd Saturday during holiday weeks
- 570-524-0400 American Red Cross
- 570-742-4231 Salvation Army
- 570-374-0181 or 1-877-497-1257 Community Action Agency
- 570-374-0181 Union-Snyder County – Food Banks
- 570-568-6835 Love in Action Food Pantry
- 570-541-5155 Military Share
- 570-374-8126 Program (SNAP -food stamps)- Snyder
- 570-524-2201 Program (SNAP -food stamps) – Union
- 570-374-1458 **Loaves & Fishes** at St. Paul’s Church 400 N. Market St., Selinsgrove; (income-eligible residents east of Rte. 104) last Friday of month 12:30-2:00 pm (Nov./Dec. 3rd Friday of month) inc. extra box of food w/ Elder Share;
- 570-658-6278 **Western Snyder:** Five Barley Loaves at white bldg. on corner of Specht & Zeller, **McClure**; Last Friday of month 10 am-Noon.
- 570-658-2276 Fresh Express Food Bank Middlecreek Area Community Center 67 Elm Street, Beaver Springs, 1st and 3rd Tuesday of the month 1:30 pm until food runs out.
- Grace Covenant Community Church (ALL of Snyder Co.) 99 Shuman St., Middleburg. Every Monday (unless Midd-West Sch Dist. Is closed) and every Wednesday. 11 am Mondays; 5-6 pm Wednesdays

HEALTH

570-524-2100 or
570-837-5070

Health and Wellness
Free health education programs: Healthy Steps Older Adult fall prevention program and "Live Your Best Life with Diabetes" [Chronic Disease Self-Management Program and Diabetes Self-Management program], each offered several times per year at various locations; annual medication reviews by a pharmacist & monthly blood pressure screenings at each senior center

570-275-4962 or
800-676-4412

CMSU for MHMR

HEATING

570-752-3930(ex 2)

Central Susquehanna Community Foundation (CSCF)
Heating assistance grant program

570-374-8126

LIHEAP - Low Income Home Energy Assistance/Snyder
CAO program begins November thru April; min. cash grant \$200; max. cash grant \$1,000; furnace repair program, proof of income & fuel bill required

570-524-2201

LIHEAP - Low Income Home Energy Assistance/Union
CAO program begins November thru April; min. cash grant \$200; max. cash grant \$1,000; furnace repair program, proof of income & fuel bill required

800-322-7572

PULP - PA Utility Law Project
Provides info, assistance and advice about residential utility and energy matters affecting low-income consumers

1-888-232-6302

PPL Electric Utilities
WRAP Energy Efficiency Program to qualify MUST be PPL Electric Utilities customer w/an

electric meter AND meet income and other eligibility requirements

570-524-0400

SUN Red Cross
249 Farley Rd, Lewisburg

570-524-4491 or
800-332-6701

SEDA-COG (Council of Government)
Based on # in HH; 200% POV; wait list for weatherization; 201 Furnace Rd., Lewisburg

570-286-4131

Salvation Army – Snyder
40 S. 4th St., Sunbury

570-742-4231

Salvation Army – Union
30 Center St., Milton

800-276-2722

UGI (gas) - Union and Snyder
CAP program is for monthly budget. Operation Share is a one-time lump sum assist w/in 24 month period which doesn't stop shut off notice but can get reconnected if LIHEAP is in effect. If still trouble contact CAA 570-374-0181.

HELP

570-374-0181

Community Action Agency
Offers basic needs services to low income & others; inc. PPL program Operation Help

570-372-1040

Community Aid
Thrift and consignment store

570-867-8079

Goodwill Store and Donation Ctr.
Range of pre-owned clothing, furniture, housewares and more

570-742-3000

Hand Up Foundation
272 Willow St., Milton. Programs include crisis assistance with food, clothing, temporary housing and financial aid with utilities; also helps with home repairs

570-522-2684

Life Line
Evangelical Hospital program; no cost for those on waiver

- 800-753-8827 PA Link
Aging and Disability Resource Center
- 570-742-3561 LOVE INC
*Volunteers from a network of churches for transportation, errands, companionship, home repairs, yard work;
Mon-Thurs 8:30 am -11:30 pm;
Dir. John Deppen*
- 800-692-7380 PA Public Utility Commission
- 888-282-6816 PA American Water
H2O Help to Others Program assists qualified, low-income customers with grants, discounts and water-saving devices and education
- 570-742-2141 American Rescue Workers
122 Maple Avenue, Milton, PA Thrift and consignment store
- 570-286-4131 Salvation Army – Snyder
40 S. 4th St., Sunbury
- 570-742-4231 Salvation Army - Union
30 Center St., Milton
- 570-966-1041 Salvation Army - Mifflinburg
- 717-237-2299 USDA Rural Development Union-Snyder

HOUSING

- 570-765-7070 By Grace Transitional Housing (by Grace Covenant Community Church)
Transitional housing and supportive case management for up to 23 months for women and children
- 570-275-5422 CMSU (Columbia, Montour, Snyder, Union)
Housing payment assistance programs for individuals with a formal behavioral health diagnosis; Contingency Funding Program and Bridge Subsidy Program

- 570-988-0993 Greater Susquehanna Valley United Way
Alliance funds for residents of Union County: allotted for utilities, rent/mortgage, heating, home repairs and car repairs
- 855-827-3466 Pennsylvania Housing Finance Agency (PHFA)
Foreclosure prevention assistance for qualified applicants
- 717-237-2299 Home Repair Loan and Grant Program - USDA
Rural Development
Grant (\$7,500) or 1% Loan program (max. term 20 yrs.), phone rings in Harrisburg; apps processed in Butler City
- 570-837-3979 Snyder County Housing Authority
106 Drake Ct., Middleburg
Subsidized rates for income qualifying consumers. Will mail application to those disabled and on Medicare
- 570-522-1300 Union County Housing Authority
- 570-522-1303 Housing Choice Voucher Program (Section 8)
1610 Industrial Blvd. Suite 400, Lewisburg
Federally funded housing program administered by Housing Auth. Of Union Co. Rental assistance to income eligible families in Union County.
- 570-522-1306 Union County Housing Authority Home Repairs
Home Repair program to bring up to code; priority to seniors & lower income; wait list. Call Lori Staggert
- 570-374-0181 Union-Snyder Community Action Agency
Homeless Assistance Program: assistance with eviction/homelessness and Rapid Rehousing: assistance with homelessness (HUD definition)

INSURANCE

- 570-837-1697 or
570-837-1698 APPRISE - State Health Insurance Program
- 1-866-761-0626 PA Assoc. of Community Health Centers

1-800-318-2596

Health Insurance Marketplace

1-800-887-6422

PA Mental Health Consumers Association

MEDICAL

AMBULANCE

570-524-2291

William Cameron Engine Co.

570-922-1120

Union County West End Ambulance

570-374-0444

DH & L Ambulance League

570-966-6880

Mifflinburg Community Ambulance

CLINIC

570-988-1270

A Community Clinic, Inc.

DENTAL

570-884-5177

Aspen Dental

1597 N. Susquehanna Trail, Ste 1, Selinsgrove 17870

844-489-9446

Donated Dental Services

Also serves those permanently disabled or medically compromised and who can't pay for dental care (Snyder & Union Co. residents); call for a referral. Need to complete application.

570-286-7500

PA Dental/Susq. River Valley Dental Health Clinic
*344 Market St., Sunbury Union & Snyder County;
93% have MA; \$100 fee (basic service) for others
uninsured*

HEARING

877-557-2227

CaptionCall

Telephone system for hearing impaired

570-327-3600

Dept. of Labor & Industry/Office of Vocational
Rehabilitation (ext. 355)

*Provides equipment for those eligible who are
deaf/HOH; local office Sunbury Career Link*

800-328-8602

Hear Now

*Call in to determine eligibility & app mailed;
\$125 processing fee for each aid*

- 800-204-PIA TPA Initiative on Assistive Tech (PIAT)
Free service enabling PA residents regardless of age or disability to try assistive technology (AT) devices
- 800-204-7428 PA's Telecommunication Device Distribution Program
Must meet all requirements to qualify: PA resident w/disability preventing making or receiving calls independently, 6+ years of age, must meet income guidelines, must have existing landline telephone service, and must be able to learn how to use the requested device
- 570-666-3748 Foundation for Sight and Sound Help America Hear Program
Nationwide program helping individuals in low income situations receive the gift of hearing aids Help America Hear packet needs to be completed
- 570-543-4600 Miracle Ear Foundation
2668 N. Susquehanna Trail, Shamokin Dam

MEDICAL EQUIPMENT

- 800-522-1284 Home Care Products
877 Bloom Road, Danville, PA 17821
- 1-888-744-1938 PATF-PA Assistive Tech. Foundation
Provides no or low interest rates for assistive technology
- 800-984-7492 A New Start
Any resident of PA who needs equipment but has no other means of obtaining it may receive items from A New Start equipment exchange and reutilization program. Includes items from walkers, wheelchairs, scooter, daily living aids, listening devices and communication devices
- 570-246-5300 Susq. Valley Mobility Services
*1085 Dance Hall Rd., Milton
Sales/service of durable medical equipment*
- 1-800-998-4827 UCP-Changing Hands Program
Used equipment program

MENTAL HEALTH

- 570-495-2154 Northumberland Co.(Addiction Help Now)
- 800-222-9016 Snyder and Union Counties (Addiction Help Now)
Sponsored by United Way; 24-hr. crisis lines
- 570-275-4962 or
800-676-4412 CMSU Behavioral Health Services
- 800-273-8255 National Suicide Hotline

PRESCRIPTION

- 570-837-1697 or
570-837-1698 LIS - Low Income Subsidy
Social Security program to help with monthly premium and co-pays; APPRISE referral
- 800-503-6897 Needy Meds
Resource for discount prescriptions that also partners with Consumer Reports
- 800-225-7223 PACE
No monthly premium; co-pays \$6 generics/\$9 brand; need previous year income, driver's license or ID, Medicare card & other insurance cards, copy of POA; Complete referral for APPRISE
- 1-866-316-7263 PAN Foundation
Assist qualified insured individuals who have life-threatening, chronic and rare diseases pay for their out-of-pocket costs for prescribed medications
- 800-955-0989 PA PAP (PA Patient Assistance Program)
Dept. of Aging helps those in "donut hole" & others with high copays; is a clearinghouse for manu. pgms.; complete APPRISE referral
- 570-837-1697 or
570-837-1698 Part D / Prescriptions Drugs
Annual Open Enrollment October 15 - December 7; for Medicare beneficiaries; complete APPRISE referral

- 570-837-0321 Middleburg Police (Prescription Drug Take-Back)
Call for accepted items & container recommendations
- 570-374-8655 Selinsgrove Police (Prescription Drug Take-Back)
Call for accepted items & container recommendations
- 570-743-2671 Shamokin Dam Police (Prescription Drug Take-Back)
Call for accepted items & container recommendations
- 570-837-3311 Snyder County Sheriff (Prescription Drug Take-Back)
Call for accepted items & container recommendations
- 570-966-1027 Mifflinburg Police (Prescription Drug Take-Back)
Call for accepted items & container recommendations
- 570-524-8716 Union County Sheriff (Prescription Drug Take-Back)
Call for accepted items & container recommendations
- 570-837-1697 Snyder County Prescription Discount Card
Can be used by anyone without insurance; APPRISE referral
- 570-837-1698 Union County Prescription Discount Card
Can be used by anyone without insurance; APPRISE referral

SMOKING CESSATION

- 570-238-0124 Clinical Outcomes Group, Inc. (COGI)
Leslie Hosterman/Health Educator with referral system for tobacco cessation services for our counties

1-800-784-8669

PA Free Quit Smoking

Participate in short term over the phone coaching in order to receive free patches, gum, etc.

VISION

814-946-7330 or
866-695-7673

Bureau of Blindness and Visual Services (BBVS)

Commonwealth's Resource Independent Living Program. Helps visually impaired people 55+ who do not have a vocational goal to become more independent

888-646-6644 or
570-286-1471

Central Susquehanna Sight Services

348 Market St., Sunbury offers low cost eyewear, Life Skills & Low Vision services

1-866-695-7673 or
814-946-7330

Dept. of Labor & Industry/Office of Vocational Rehabilitation

Provides services to assist eligible individuals who are blind or visually impaired to work and maintain independent lives

877-887-6327

EyeCare America

Eye exams at no cost for those eligible (65 +)

973-376-4903

New Eyes for the Needy

Program provides eyeglasses

800-901-1912

Northwestern PA Optical Clinic

225 Market St., Sunbury

800-204-7428

PA Telecommunication Device Distribution Program-TDDP

570-523-1172	Public Library for Union County <i>255 Reitz Blvd., Lewisburg, PA 17837</i>
570-966-0831	Herr Memorial Library (Union Co.) <i>500 Market St., Mifflinburg, PA 17844</i>
570-922-4773	West End Library (Union Co.) <i>45 Ball Park Road, Laurelton, PA 17835</i>
570-374-6987	Rudy Gelnett Memorial Library (Snyder Co.) <i>1 North High St., Selinsgrove, PA 17870</i>
570-658-3437	Beavertown Community Library (Snyder Co.) <i>111 W. Walnut St., Beavertown, PA 17813</i>
570-658-7700	McClure Community Library (Snyder Co.) <i>4 Library Lane, McClure, PA 17841</i>
570-837-5931	Middleburg Community Library (Snyder Co.) <i>13 N. Main St., Middleburg, PA 17842</i>

LOCAL LIBRARIES

Snyder County libraries offers services such as

- Delivery services to all Snyder County Residents who are unable to visit our libraries due to health or transportations issues.

Provides books in the following locations to be borrowed on the honor system:

- Post Offices:** Hummels Wharf, Beaver Springs, Port Trevorton, Paxtonville, Freeburg, Troxellville, Shamokin Dam, Kreamer, Penns Creek

- Senior Citizen Centers:** All

- Residential:** Grayson View, Penn Lutheran Village, Westfield Terrace, Pennsfield Apartments, Stayman Park Apartments

SUPPORT GROUPS

Cancer

Hospital for Advanced
Medicine Community Room
Geisinger Medical Center
Contact: Michele long, RN
570-271-5218

Alzheimer's Disease

Grayson View
29 Grayson View Court
Selinsgrove, PA
570-374-2923
3rd Monday of the Month

Alzheimer's Help Line
1-800-272-3900

Life After Loss

Evangelical Hospital
235 Hospital Drive
Lewisburg, PA
570-522-2157

Bereavement

Crossings Hospice
Lewisburg Home Health
Activity Room,
2421 Old Turnpike Road
Lewisburg, PA
570-768-4800
3rd Monday of the Month at
6:00 pm

Support

AARP Smart Driver Course
Community Health and
Wellness Center
Lewisburg, PA
570-768-3200
Fee \$15 for AARP members,
\$20 for non-members

Monthly Wellness Programs
Evangelical Health and
Wellness Center
210 JPM Road, Suite 200
Lewisburg, PA
For program schedules call -
570-768-3200
Registration required

Stroke Support Group

Date: First Wednesday of each month

Time: 1 pm

Location: Geisinger HealthSouth Rehabilitation Hospital, patient day room
Contact: Stacy Fritz, 570-271-6594

Evangelical Community Hospital

Stroke Support Group

Meets the first Tuesday of the month

Time: 5:30-7:30 pm

Location: Evangelical Community Hospital

3rd Floor Inpatient Rehab Unit

1 Hospital Drive

Lewisburg, PA 17837

Fee: Free

For: Stroke and Mini-Stroke Survivors, Families, and Caregivers

For more information: Please contact Cindy Anderson 570-522-4048

Brain Injury Support Group

Date: Third Wednesday of each month

Time: 3 pm

Location: Geisinger HealthSouth Rehabilitation Hospital, staff lounge

Contact: Amy Monroe or Tonya Whitmire, CRRN, 800-232-8260

Parkinson's Disease Support Group

Date: Third Tuesday of each month

Time: 5 pm

Location: Geisinger HealthSouth Rehabilitation Hospital, inpatient gym
Contact: Matt Hoehn or Chelsea Matukaitis, 800-232-8260

Amputee Support Group

Date: Fourth Thursday of each month

Time: 6:30 pm

Location: Geisinger HealthSouth Rehabilitation Hospital, administrative conference room

Contact: Tony Cerminaro, 570-752-5009

Spinal Cord Injury Support Group

Date: Second Wednesday of every other month (February, April, June, August, October and December)

Time: 6 pm

Location: Geisinger HealthSouth Rehabilitation Hospital, inpatient dining room
Contact: Kim Hall, OTR, 800-232-8260

This book funded by PA Link to Aging & Disability Resources



Our Mission Statement

PA Link partners represent federal, state and local agencies that support consumer long-term living preferences, and empower them to understand, determine and effectively navigate their support service options, regardless of age, disability or income.

800-753-8827

PA Link Helpline

Melissa Bottorf

Lead PA Link Coordinator

570-428-3521

Mbottorf2016@gmail.com

www.palink8.com

- Counties Served -

Centre, Clinton, Lycoming, Union, Snyder, Northumberland, Columbia, Montour, Schuylkill