

Selinsgrove Senior Center  
 8 North Water St.  
 Selinsgrove, Pa  
 570-374-4170  
 Eunice Troxell  
 etroxell@usaaa17.org



Hours:  
 Monday 2:00-8:00  
 Tuesday-Thursday  
 8:00- 3:00

Monday	Tuesday	Wednesday	Thursday
<p>2</p> <p>Dinner 5:00            Game Night            25¢ Bingo</p>	<p>3</p> <p>Chair Aerobics 10:00            Blood Pressure Checks 11-12            Bingo 12:00            Quilting</p>	<p>4</p> <p>Pinochle 10:00</p>	<p>5</p> <p>Game Day            Poker 9:30/Hosse 10:30            Chair Aerobics 10:00</p>
<p>9</p> <p>Dinner 5:00            Game Night            Daylight Savings</p>	<p>10</p> <p>Chair Aerobics 10:00            Bingo 12:00            Quilting            Dietitian 10:30            Anti-inflammatory Foods</p>	<p>11</p> <p>Pinochle 10:00</p>	<p>12</p> <p>Game Day            Poker 9:30/Hosse 10:30            Chair Aerobics 10:00            Business Mtg 9:00-10:00</p>
<p>16</p> <p>Dinner 5:00            St Patty's Day Dance</p>	<p>17</p> <p>Chair Aerobics 10:00            Bingo 12:00            Quilting</p>	<p>18</p> <p>Pinochle 10:00            Stayman's</p>	<p>19</p> <p>Game Day            Poker 9:30/Hosse 10:30            Chair Aerobics 10:00            Blood Pressure Checks 9-10</p>
<p>23</p> <p>Dinner 5:00            Game Night</p>	<p>24</p> <p>Chair Aerobics 10:00            Bingo 12:00            Quilting</p>	<p>25</p> <p>Pinochle 10:00            March            Birthday Party</p>	<p>26</p> <p>Game Day            Poker 9:30/Hosse 10:30            Chair Aerobics 10:00</p>
<p>30</p> <p>25¢ Bingo            Dinner 5:00            Pool Tournament 2:30</p>	<p>31</p> <p>Chair Aerobics 10:00            Bingo 12:00            Quilting            Craft 9:00-11:00</p>		